



Mayor's Health and Fitness Council Healthiest Schools – 2017 Awards Report

What are the Mayor's Healthiest School Awards?

As an extension of the Mayor's Health and Fitness Council (MHFC) Partnership Certification Program, the Mayor's Healthiest School Awards highlight schools that have implemented healthy changes to create school environments that support the health and well-being of students. Schools that demonstrate practices above the state and federal standards are eligible to earn an award. Awards are granted at the Elementary and Middle School levels.

Who can apply?

Districts with any school within the Austin city limits is eligible to apply, including: Austin Independent School District, Manor Independent School District, Pflugerville Independent School District, Round Rock Independent School District, Leander Independent School District, Del Valle Independent School District, Eanes Independent School District. All schools that apply for the Mayor's Healthiest School Awards will be considered. No preference will be given to school size, location, public/private sector, school district, etc. Winners will be determined using a point system based off responses to the online application. Three elementary schools and one middle school will be awarded with top honors.

How does a school apply for the Mayor's Healthiest School Awards?

Schools interested in applying for the Mayor's Healthiest School Awards must complete the online application.

What is the application deadline?

Applications are due by close of business on Friday, May 26, 2016.

Why should my school apply?

Each year, the MHFC hosts an awards ceremony at City Hall to recognize the efforts of partners who strive to make Austin the fittest, healthiest community in America. 2017 will be the inaugural year for the Mayor's Healthiest School Awards.

When is the Mayor's Health and Fitness Awards ceremony?

The awards ceremony is scheduled for September 2017.

All schools with an 'Exemplary' rating receive:

- Outdoor vinyl banner
- Group recognition & photo at the awards ceremony

In addition, the following awards will be presented to the top 3 elementary and 1 middle schools:

- \$1,000 grant to support school health and wellness initiatives*
- Outdoor vinyl banner
- Individual recognition & photo at the awards ceremony with the Mayor

*Winners will be required to return a reflection in the format the winner prefers (i.e. Word document, video, blog, etc.) within the first school semester after winning the grant. More details will be provided to winning campuses.



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Participation

- Sixty-nine schools, both elementary and middle schools, participated from three districts – Austin ISD, Pflugerville ISD, and Del Valle ISD.

Table 1. School Districts & Number of Schools Participating in Healthiest Schools Challenge, 2017

School District	Elementary	Middle	Total # of schools from district
Austin ISD	41	13	54
Pflugerville ISD	11	3	14
Del Valle ISD	0	1	1
Total # of schools	52	17	69

Questionnaire

- A total of 47 questions were asked of all elementary schools, of which 2 were removed due to non-applicable content. A total of 53 points were possible for the 45 questions.
- A total of 44 questions were asked of all middle schools. A total of 52 points were possible for the 44 questions.
- Exemplary schools were defined as meeting all of 16 criteria, including metrics for both students and staff in the following areas: physical education, opportunities for physical activity, healthy food and beverage options, and restrictions on unhealthy food and beverages.

Top Performing Schools

Table 2. Top Performing Schools in Healthiest Schools Challenge, 2017

School Name	School District	Points	Rank
Elementary School Winners			
Cook Elementary	Austin ISD	52-53	1
Campbell Elementary	Austin ISD	52-53	1
Murchison Elementary	Pflugerville ISD	52-53	1
Middle School Winner			
Dailey Middle School	Del Valle ISD	50	1



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Exemplary Schools

Table 3. Exemplary Schools Participating in the Healthiest School Challenge, 2017

Austin ISD Elementary Schools	
Baranoff Elementary School	Kiker Elementary School
Barton Hills Elementary School	Langford Elementary School
Blackshear Elementary School	Maplewood Elementary School
Blazier Elementary School	Mcbee Elementary School
Boone Elementary School	Metz Elementary School
Brentwood Elementary School	Oak Hill Elementary School
Brooke Elementary School	Odom Elementary School
Bryker Woods Elementary School	Overton Elementary School
Campbell Elementary School*	Pecan Springs Elementary School
Clayton Elementary School	Perez Elementary School
Cook Elementary School*	Pickle Elementary School
Cowan Elementary School	Pillow Elementary School
Cunningham Elementary School	Pleasant Hill Elementary School
Davis Elementary School	Rodriguez Elementary School
Dawson Elementary School	Sims Elementary School
Gullett Elementary School	St. Elmo Elementary School
Harris Elementary School	Sunset Valley Elementary School
Hart Elementary School	Williams Elementary School
Highland Park Elementary School	Winn Elementary School
Houston Elementary School	Zavala Elementary School
Joslin Elementary School	
AISD Middle Schools	
Dobie Middle School	Martin Middle School
Bedichek Middle School	Mendez Middle School
Covington Middle School	O. Henry Middle School
Fulmore Middle School	Paredes Middle School
Garcia Young Men’s Leadership Academy	Small Middle School
Kealing Middle School	Webb Middle School
Lamar Middle School	
Pflugerville ISD Elementary Schools	
Murchison Elementary School*	River Oaks Elementary
Rowe Lane Elementary	



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Pflugerville Middle School	
Cele Middle School	
Del Valle Middle School	
Dailey Middle School*	

*Winner