



Mayor's Health & Fitness Council Partnership Certification Mayor's Healthiest Workplaces Awards

What are the Mayor's Healthiest Workplaces Awards?

As an extension of the Mayor's Health and Fitness Council (MHFC) Partnership Certification Program, the Mayor's Healthiest Workplaces Awards recognize Austin/Travis County's top employers that have fostered a work environment that encourages health and wellness.

Who can apply?

Any organization (for-profit, non-profit, school district, government organization, etc.) within Austin or Travis County is eligible to apply.

To compete for the Mayor's Healthiest Workplaces Awards, organizations must first be Mayor's Health and Fitness Council Certified (Bronze, Silver, or Gold certification levels qualify) or have been partner certified within the previous 2 years.

There is no fee to participate in this program.

How are the Mayor's Healthiest Workplaces Awards determined?

The Mayor's Healthiest Workplaces Awards will be determined by combining scores from **the Partner Certification Application** and **Mayor's Healthiest Workplaces Award Questionnaire**, focusing on:

- Community Engagement
- Innovation
- Worksites showing the largest gain in their score from the previous year
- Bonus points will be given to worksites that are certified at the Silver or Gold levels

Awards will be given out in the following categories:

- Mayor's Healthiest Workplace: For-profit or Non Profit*
- Mayor's Healthiest Workplace: School District or Government Organization
- Most Innovative Wellness Program

**This award is provided in each of the following size categories:*

Under 50 (less than 50 employees)

Small (50-249 employees)

Medium (250-499 employees)

Large/XLarge (>500 employees)

How does an organization apply?

Organizations interested in applying for the Mayor's Healthiest Workplaces Awards must complete the [online application](#). Contact info@mhfaustin.org for information and technical assistance.

What is the application deadline?

Applications are due by close of business on the last business day of July each year.



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MHFC Partner Certifications & Mayor's Healthiest Workplace Awards Participation 2016-2018

Year	# of new MHFC Partner Certifications	Total # of MHFC Partner Certifications (Cumulative)	# of Mayor's Healthiest Workplace applicants	# of employee & volunteers impacted (Cumulative)
2016	2	2	-	387
2017	35	37	35	93,836
2018	7	44	26	94,669

2018 Measurements & Review Committee Members

Dr. Philip Huang (Chair)	Gina Akin	Sheree Bailey	Ben Clutter
Claire Hahn	Sarah Holick	Susan Thompson	Chris Vykukal

APH support staff = Cristina Garcia (outreach & technical support) & Sarah Seidel (data analysis & validation)



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2018 Certification & Award Summary

2018 New Partner Certifications			
Mayor's Healthiest Workplace Applicant/Organization Name	MHFC Partner Certification Level	Size	Total Number of Employees & Volunteers
Austin Sports & Social Club	Silver	Under 50	15
Builder Homesite, Inc.	Bronze	Small	175
Child Inc.	Silver	Medium	300
Counter Culture Restaurant	Bronze	Under 50	25
Horizon Bank	Bronze	Small	113
Maxwell Locke & Ritter LLP	Bronze	Small	110
People's Community Clinic*	Gold	Medium	377
Powell & Leon, LLP*	Gold	Under 50	30
Proof Advertising, LLC	Bronze	Small	89
Totals	Gold: 2 Silver: 2 Bronze: 5	Number of Employees Newly Impacted	833

*Recertification at Gold Level

2018 Healthiest Workplace Award Winners	
Award Level	Workplace/Organization
Large/X-Large	University of Texas at Austin
Medium	People's Community Clinic
Small	Texas State Board of Pharmacy
Under 50	Powell & Leon, LLP
School or Governmental Organization	Pflugerville ISD
Most Innovative	City of Austin



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2018 Healthiest Workplace Award Winner Profiles & Highlights

Powell & Leon, LLP (Under 50 employees) – Cancer CEO Gold Standard accredited, Tobacco-free campus, Monthly employee physical activity challenges, Healthy Meeting standards, “Lunch & Learn” sessions on health-related topics, Mother-Friendly room for employees, Host outdoor employee team building events, Participate in several community events as a team.

Texas State Board of Pharmacy (Small, 50-249 employees) – Tobacco-free campus, Texas Mother-Friendly Worksite, Onsite yoga classes & employee walking group, Farm to Work program, Electronic cookbook with healthy recipe submissions from employees, Employee wellness challenges throughout the year, Participate in several community events as a team.

People's Community Clinic (Medium, 250 – 499 employees) – Cancer CEO Gold Standard accredited, Tobacco-free campus, Texas Mother-Friendly Worksite, Employee Running Club (to prepare for team races), Onsite Zumba classes, Healthy cooking classes for employees, Cultural Humanity Class, Mental & Emotional health initiatives including meditation room, monthly massages, stretching or calisthenics breaks & weekly therapy dog visits.

University of Texas at Austin (Large or XLarge, 500+ employees) – Tobacco-free campus & comprehensive tobacco-free initiatives, including Peers Against Tobacco Program, Healthy Vending, Farm to Work program & Student-led Farm Stand, Onsite fitness & healthy cooking classes, Yoga for Anxiety for employees, Keep UT System Active, UT Mammo Mixer Event, Holistic approach to wellness focusing on physical, mental, emotional and financial health.

Pflugerville Independent School District (School District/Government Agency) – Tobacco-free campuses, Onsite wellness CHAMPS supporting health & wellness throughout the district, Farm to Work program, Mother-Friendly room for employees, District-wide & site-sponsored wellness challenges, Intra-district volleyball and kickball leagues, Participate in several community events as a team.

City of Austin (Most Innovative) – Texas Mother-Friendly Worksite, Physical Education Program (including free onsite group exercise classes & FitBit challenges), Farm to Work program, Healthy Vending standards, PE Anytime Program to accommodate wide variety of employees, Diabetes Control Program with community partners, Employee incentives for completing wellness activities (annual exams and challenges).



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All MHFC Partner Certifications (through 2018)			
Mayor's Healthiest Workplace Applicant/Organization Name	MHFC Partner Certification Level	Size	Total Number of Employees & Volunteers
3M	Gold	Large/X-large	668
A+ Federal Credit Union	Silver	Medium	400
ACC	Silver	Large/X-large	5,000
AHA	Silver	Small	104
Asuragen	Silver	Small	156
Austin ISD	Silver	Large/X-large	12,000
Austin Sports & Social Club	Silver	Under 50	10
Ballet Austin	Silver	Small	115
Baylor Scott & White	Gold	Large/X-large	1,958
Bike Austin	Bronze	Under 50	15
Builder Homesite, Inc. (BHI)	Bronze	Small	175
Capital Metro Transit Authority	Gold	Large/X-large	1,460
Child Inc.	Silver	Medium	300
City of Austin	Bronze	Large/X-large	12,389
Counter Culture Restaurant	Bronze	Under 50	25
Del Valle ISD	Silver	Large/X-large	2,500
El Buen Samaritano	Silver	Small	160
Emmis Austin Radio	Bronze	Small	175
Foundation Communities	Silver	Medium	400
Frost Insurance Agency	Bronze	Medium	250
Higginbotham - Austin	Silver	Large/X-large	850
Horizon Bank	Bronze	Small	113
Humana	Silver	Under 50	45
Huston-Tillotson University	Silver	Small	122
LIVESTRONG Foundation	Silver	Under 50	47
Maxwell Locke & Ritter LLP	Bronze	Small	110
Michael & Susan Dell Foundation	Silver	Small	62



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National Instruments	Silver	Large/X-large	2,385
People's Community Clinic*	Gold	Medium	377
Pflugerville ISD	Silver	Large/X-large	3,200
Powell & Leon, LLP	Silver	Under 50	30
Progressive Casualty Insurance Company	Bronze	Large/X-large	1,666
Proof Advertising, LLC	Bronze	Small	89
Randolph-Brooks Federal Credit Union (RBFCU)	Silver	Large/X-large	1,800
RedBird Fitness	Silver	Under 50	18
Seton	Gold	Large/X-large	13,500
St. David's HealthCare	Bronze	Large/X-large	9,200
Susan G. Komen Austin	Silver	Under 50	6
Texas Associates Insurers	Bronze	Small	51
Texas Mutual Insurance Company	Bronze	Large/X-large	600
Texas State Board Pharmacy	Silver	Small	93
The Karis Group	Silver	Under 50	35
TKO Nutrition	Silver	Under 50	10
University of Texas at Austin	Silver	Large/X-large	22,000
Totals	Gold: 6 Silver: 25 Bronze: 13	Number of Employees Impacted	94,669