



## Mayor's Health & Fitness Council Partnership Certification Mayor's Healthiest Workplaces Awards

### What are the Mayor's Healthiest Workplaces Awards?

As an extension of the Mayor's Health and Fitness Council (MHFC) Partnership Certification Program, the Mayor's Healthiest Workplaces Awards recognize Austin/Travis County's top employers that have fostered a work environment that encourages health and wellness.

### Who can apply?

Any organization (for-profit, non-profit, school district, government organization, etc.) within Austin or Travis County is eligible to apply.

To compete for the Mayor's Healthiest Workplaces Awards, organizations must first be Mayor's Health and Fitness Council Certified (Bronze, Silver, or Gold certification levels qualify) or have been partner certified within the previous 2 years.

There is no fee to participate in this program.

### How are the Mayor's Healthiest Workplaces Awards determined?

The Mayor's Healthiest Workplaces Awards will be determined by combining scores from **the Partner Certification Application** and **Mayor's Healthiest Workplaces Award Questionnaire**, focusing on:

- Community Engagement
- Innovation
- Worksites showing the largest gain in their score from the previous year
- Bonus points will be given to worksites that are certified at the Silver or Gold levels

Awards will be given out in the following categories:

- Mayor's Healthiest Workplace: For-profit or Non Profit\*
- Mayor's Healthiest Workplace: School District or Government Organization
- Most Innovative Wellness Program

*\*This award is provided according to the following size categories:*

*Under 50 (less than 50 employees)*

*Small (50-249 employees)*

*Medium (250-499 employees)*

*Large (500-4,999 employees)*

*XLarge (5,000+ employees)*

### How does an organization apply?

Organizations interested in applying for the Mayor's Healthiest Workplaces Awards must complete the [online application](#). Contact [info@mhfaustin.org](mailto:info@mhfaustin.org) for information and technical assistance.

### What is the application deadline?

Applications are due by close of business on the last business day of July each year.



## Mayor's Health & Fitness Council Partnership Certification Mayor's Healthiest Workplaces Awards

### MHFC Partner Certifications & Mayor's Healthiest Workplace Awards Participation 2016-2019

Year	# of new or recertified MHFC Partner Certifications	Total # of MHFC Partner Certifications (Cumulative)	# of Mayor's Healthiest Workplace applicants	# of employee & volunteers impacted (Cumulative)
2016	2	2	-	387
2017	35	37	35	93,836
2018	7	44	26	94,669
2019	35	44	22	139,050

#### 2019 Measurements & Review Committee Members

Cassandra DeLeon (Chair)	Gina Akin	Sheree Bailey	Ben Clutter
Claire Hahn	Sarah Holick	Susan Thompson	Chris Vykukal

**APH support staff** = Cristina Garcia (outreach & technical support)



## Mayor's Health & Fitness Council Partnership Certification Mayor's Healthiest Workplaces Awards

### 2019 Certification & Award Summary

2019 New or Recertified Partner Certifications			
Mayor's Healthiest Workplace Applicant/Organization Name	MHFC Partner Certification Level	Size	Total Number of Employees & Volunteers
3M	Gold	medium	433
Alliance Work Partners, WAP, Inc.	Bronze	small	60
AOMA Graduate School of Integrative Medicine	Silver	xlarge	9,797
Ascension Seton	Gold	xlarge	15,500
Asuragen Inc.	Silver	small	133
Austin ISD	Silver	xlarge	11,500
Ballet Austin	Silver	small	145
Baylor Scott & White	Gold	large	2,000
Capital Metro Transportation Authority	Gold	large	1,698
City of Austin	Bronze	xlarge	13,000
Del Valle ISD	Silver	xlarge	20,500
Foundation Communities	Silver	medium	395
Frost Insurance Agency	Silver	medium	250
Health & Human Services Commission	Bronze	xlarge	8,168
H-E-B	Bronze	xlarge	13,901
Humana	Silver	under	35
Integral Care	Gold	large	900
Intergalactic Productions LLC	Bronze	small	60
IT'S TIME TEXAS	Silver	under	35



## Mayor's Health & Fitness Council Partnership Certification Mayor's Healthiest Workplaces Awards

Keller Williams Realty International	Bronze	medium	300
LIVESTRONG Foundation	Gold	under	35
National Instruments	Silver	large	2,700
Pflugerville ISD	Silver	large	3,200
Progressive Casualty Insurance	Bronze	large	1,800
Randolph-Brooks Federal Credit Union	Silver	small	150
Susan G. Komen	Silver	under	8
Tarrytown United Methodist Church	Bronze	small	53
Texas Medical Liability Trust	Bronze	small	170
Texas Mutual Insurance Company	Bronze	large	994
Texas State Board of Pharmacy	Silver	small	98
The Bug Master Exterminating	Silver	small	70
TxDOT - Austin Headquarters	Bronze	large	2,000
University of Texas at Austin	Silver	xlarge	25,000
We Are Blood	Bronze	small	198
YMCA of Austin	Silver	large	3,594
<b>Totals</b>	<b>Gold: 6 Silver: 17 Bronze: 12</b>	<b>Number of Employees Impacted</b>	<b>118,880</b>

2019 Healthiest Workplace Award Winners	
Award Level	Workplace/Organization
<b>X-Large</b>	Ascension Seton
<b>Large</b>	National Instruments
<b>Medium</b>	Foundation Communities
<b>Small/Under 50</b>	Texas State Board of Pharmacy



## Mayor's Health & Fitness Council Partnership Certification Mayor's Healthiest Workplaces Awards

<b>School or Governmental Organization</b>	Capital Metro Transportation Authority
<b>Most Innovative</b>	Austin ISD

### 2019 Healthiest Workplace Award Winner Profiles & Highlights

**Texas State Board of Pharmacy (Under/Small category)** – Tobacco-free campus, Texas Mother-Friendly Worksite, TSBP Field Day to encourage employees to get outside, get active and bond with coworkers, Wellness Challenge example: 6 week duration (150 minutes of physical activity per week, 10 minutes of meditation five days per week, Monitor phone screen time), Electronic cookbook incorporating healthy recipes shared by agency staff (ongoing project).

**Foundation Communities (Medium category)** – Tobacco-free campus, Texas Mother-Friendly Worksite, Quarterly staff events include physical activities, Running Buddies Program pairs employees with 3<sup>rd</sup> – 5<sup>th</sup> grade students as running partners and mentors over 6 week training period, Healthy Meetings, Healthy Vending standards, Sponsor/host various fitness events onsite and in the community.

**National Instruments (Large category)** – Tobacco-free campus, ALA Freedom From Smoking certified class facilitators offer onsite support groups, Texas Mother-Friendly Worksite, Onsite parenting support group for new parents, Sponsor/host various fitness events onsite and in the community, including bi-annual NI Games, Onsite Health Center provides onsite chronic disease management through a robust Care Team, Community & Memorial gardens.

**Ascension Seton (XLarge category)** – CEO Cancer Gold Standard, Tobacco-free campus, Texas Mother-Friendly Worksite, Free walk/run employee programs, Onsite vegetable garden & produce delivery at Dell Children's Medical Center, Onsite tranquility rooms at all sites, Sponsor various health & fitness events in the community.

**Capital Metro Transportation Authority (School District/Government Agency)** – CEO Cancer Gold Standard, Tobacco-free campus, Free tobacco cessation classes are available to employees, their families and the community, Onsite wellness center offers free personal training and flexibility & mobility assessments, Health & Fitness Specialist-led stretch breaks, Quiet rooms for employees to rest during breaks, Onsite biometric screening with wellness consultation & health education offered weekly.

**Austin ISD (Most Innovative)** – Tobacco-free campus, Texas Mother-Friendly Worksite, "Nacho Average Food Truck" offers healthy meals, Host/Participate in various fitness events onsite and in the community, Diabetes Engagement Program provides education and resources to employees, Proprietary district-wide benefits mobile application offers employees a quick and easy way to engage and interact with wellness programming.



## Mayor's Health & Fitness Council Partnership Certification Mayor's Healthiest Workplaces Awards

<b>All MHFC Partner Certifications (through 2019)</b>			
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Ascension Seton	Gold	Xlarge	15,500
Asuragen Inc.	Silver	Small	133
Austin ISD	Silver	X-large	11,500
Austin Sports & Social Club	Silver	Under 50	10
Ballet Austin	Silver	Small	145
Baylor Scott & White	Gold	Large	2,000
Builder Homesite, Inc. (BHI)	Bronze	Small	175
Capital Metro Transit Authority	Gold	Large	1,698
Child Inc.	Silver	Medium	300
City of Austin	Bronze	X-large	13,000
Counter Culture Restaurant	Bronze	Under 50	25
Del Valle ISD	Silver	Large/X-large	2,500
Foundation Communities	Silver	Medium	395
Frost Insurance Agency	Bronze	Medium	250
H-E-B	Bronze	XLarge	13,901
Health & Human Services Commission	Bronze	XLarge	8,168
Horizon Bank	Bronze	Small	113
Humana	Silver	Under 50	35
IT'S TIME TEXAS	Silver	Under 50	35
Keller Williams Realty International	Bronze	Medium	300
LIVESTRONG Foundation	Silver	Under 50	47
Integral Care	Gold	Large	900
Intergalactic Productions LLC	Bronze	Small	60
Maxwell Locke & Ritter LLP	Bronze	Small	110



## Mayor's Health & Fitness Council Partnership Certification Mayor's Healthiest Workplaces Awards

National Instruments	Silver	Large	2,700
People's Community Clinic	Gold	Medium	377
Pflugerville ISD	Silver	Large/X-large	3,200
Powell, Youngblood & Taylor LLP	Gold	Under 50	30
Progressive Casualty Insurance Company	Bronze	Large/X-large	1,666
Proof Advertising, LLC	Bronze	Small	89
Randolph-Brooks Federal Credit Union (RBFCU)	Silver	Small	150
Susan G. Komen Austin	Silver	Under 50	8
Tarrytown United Methodist Church	Bronze	Small	53
Texas Department of Transportation - Austin	Bronze	Large	2,000
Texas Medical Liability Trust	Bronze	Small	170
Texas Mutual Insurance Company	Bronze	Large	994
Texas State Board Pharmacy	Silver	Small	93
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University of Texas at Austin	Silver	Large/X-large	25,000
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