SUSAN THOMPSON BIO

Susan has worked in the corporate wellness and fitness industry for 25 years helping a number of corporate clients build programs which engage employees, improve morale and reduce health risks.

Her current role is Wellness Program Manager for NI.

Susan’s experience includes corporate wellness design, fitness center management, and wellness coaching. She is also a certified group exercise instructor, wellness coach and WELCOA faculty member.

In her spare time, she enjoys horseback riding, running, enjoying live music and spending time with her husband and their four-legged family in Austin, TX.