



**MAYOR'S HEALTH & FITNESS COUNCIL**  
*To make Austin the healthiest, fittest city in the US.*

## Mayor's Workplace Awards Application

### What are the Mayor's Health & Fitness Awards?

As an extension of the **Mayor's Health and Fitness Council (MHFC) Workplace Partner Certification**, the **Mayor's Health & Fitness Awards** recognize Austin/Travis County's top organizations that excel at creating a culture of health and well-being. Technical assistance to workplaces applying for the award programs and for MHFC Workplace Partner Certification is provided by **Austin Public Health**.

### Who can apply?

Current MHFC Certified Partners (or organizations seeking MHFC Workplace Partner Certification) within Austin/Travis County are eligible to apply for the Mayor's Workplace Awards. Both applications can be submitted at the same time. There is only one application for the Mayor's Workplace Awards, which is used to determine winners for the **Mayor's Healthiest Workplace** and the **Moving the Needle Awards**.

### Award Categories

#### Mayor's Healthiest Workplaces:

Awards recognize organizations that implement employee engagement programs that support employee health and well-being. This award has two subcategories:

- organizational size (Up to 250 employees, 251 – 1,000 employees, 1,001 – 5,000 employees, Over 5,000 employees)
- school district/government organization.

\*Winners are determined based on the total points earned from the MHFC Workplace Partner Certification application and the Mayor's Healthiest Workplace application (5 out of 6 pillars of wellness must be completed). Subcategories may vary based on applicants and determined by the ABGOH Review and Steering Committee.

#### Moving the Needle Award

Award honors the workplace(s) that has implemented and supported an outstanding employee health initiative(s) aligned with the MHFC Pillars of Wellness (Tobacco-Free Living, Physical Activity, Nutrition, and Health Education/Preventive Services). Additional award categories, such as Emotional/Mental Well-being, Innovation, Community Engagement, Social Connectedness, Champion Network may be determined annually by the ABGOH Review and Steering Committee.

\*Organizations applying for the Moving the Needle Award only need to complete the sections related to the pillar of wellness they wish to compete in, not the entire application. Applicants must be MHFC Partner Certified to be eligible.

### When will awards be given out?

Awards will be given out at the annual Mayor's Health & Fitness Awards Ceremony held each September during Texas Obesity Awareness Week.

## Mayor’s Healthiest Workplace & Moving the Needle Awards Application

Please describe a health initiative or program implemented by your organization that enables and supports the health and well-being of your employees. Include your program evaluation and any health outcomes and how they were measured.

\*NOTE: Organizations applying for the **Mayor’s Healthiest Workplace Awards** must complete 5 out of the 6 pillars of wellness listed: Tobacco-Free Living, Physical Activity, Nutrition, Health Education & Preventive Services and Emotional/Mental Well-being. To be considered for the **Moving the Needle Awards**, applicants can submit in 1 or more pillars of wellness.

<p><b>Indicate which pillar of wellness this initiative or program supports: (Complete this section for each pillar of wellness for which you are applying)</b></p>	<ul style="list-style-type: none"> <li>a. Tobacco-Free Living</li> <li>b. Physical Activity</li> <li>c. Nutrition</li> <li>d. Health Education &amp; Preventive Services</li> <li>e. Emotional/Mental Well-being</li> <li>f. Other (please list) –</li> </ul>
<p><b>Description of health initiative or program: (open text box)</b></p>	<ul style="list-style-type: none"> <li>a. Our wellness program meets our business and employee needs by –</li>   <li>b. We plan our program using the following data and best practices –</li>   <li>c. Our wellness program includes the following dimensions of well-being –</li> </ul>
<p><b>Program Evaluation/Health Outcomes, including how measured: (open text box)</b></p>	<ul style="list-style-type: none"> <li>a. We evaluate our wellness program by (e.g., feedback survey from participants, leadership, &amp;/or coordinator, participation numbers, observations, biometric outcomes, health claims, health assessments, testimonies, focus groups, etc.) –</li>   <li>b. We have seen outcomes/results/success in (e.g., increase in program participation, change in behaviors, increase in knowledge, improved claims data, improved biometric data, improved health risk assessment data, etc.) –</li> </ul>

\*Please copy and paste this table as needed to apply for the Mayor’s Healthiest Workplace & Moving the Needle Awards, see NOTE.