



MHWC Workplace Partner Certification & Mayor's Workplace Awards Data Report - 2024

Overview

As an extension of the **Mayor's Health and Well-Being Council (MHWC) Workplace Partner Certification**, the **Mayor's Health & Well-Being Awards** recognize Austin/Travis County's top organizations that excel at creating a culture of health and well-being. Technical assistance to workplaces applying for the award programs and for MHWC Workplace Partner Certification is provided by **Austin Public Health**.

Who can apply?

Current MHWC Certified Partners (or organizations seeking MHWC Workplace Partner Certification) within Austin/Travis County are eligible to apply for the Mayor's Workplace Awards. Both applications can be submitted at the same time.

Award Categories

Mayor's Healthiest Workplaces (MHW):

Awards recognize organizations that implement employee engagement programs that support employee health and well-being. This award has two subcategories:

- organizational size (Up to 250 employees, 251 – 1,000 employees, 1,001 – 5,000 employees, Over 5,000 employees)
- school district/government organization.

*Winners are determined based on the total points earned from the MHWC Workplace Partner Certification application and the Mayor's Healthiest Workplace application (5 out of 6 pillars of wellness must be completed).

Moving the Needle Award (MTNA):

Award honors the workplace(s) that has implemented and supported an outstanding employee health initiative(s) aligned with the MHWC Pillars of Wellness (Tobacco-Free Living, Physical Activity, Nutrition, and Health Education/Preventive Services). Additional award categories, such as Emotional/Mental Well-being, Innovation, Community Engagement, Social Connectedness, Champion Network may be determined annually by the ABGOH Review and Steering Committee.

*Organizations applying for the Moving the Needle Award only need to complete the sections related to the pillar of wellness they wish to compete in, not the entire application. Applicants must be MHWC Partner Certified to be eligible.

When will awards be given out?

Awards will be given out at the annual Mayor's Health & Well-Being Awards Ceremony held each September during Texas Obesity Awareness Week.

What is the application deadline?

Applications are due by close of business on July 31st each year.



MHWC Workplace Partner Certification & Mayor's Workplace Awards

MHFC Partner Certifications & Mayor's Healthiest Workplace Awards Participation 2016-2024

Year	# of new or recertified MHWC Partner Certifications	# of Mayor's Workplace Awards applicants	# of employee & volunteers impacted (Cumulative)
2016	2	-	387
2017	35	35 (MHW)	93,836
2018	7	26 (MHW)	94,669
2019	35	22 (MHW)	139,050
2020	--	--	--
2021	--	22 (MTNA)	--
2022	18	7 (MHW) 12 (MTNA)	84,607
2024	31	11 (MHW) 18 (MTNA)	170,000

*NOTE: All programming was placed on hold in 2020 due to the COVID-19 pandemic. The Moving the Needle Award (MTNA) was launched in 2021 to recognize organizations/individuals that pivoted to meet the health and well-being needs of their workplaces, schools, and communities.

2024 Measurements & Review Committee Members

Susan Thompson (Chair)
Kyle Yarkosky

Gina Akin
Vicki Parsons

Bianca Enriquez
Patricia Coleman

Chris Vykukal

APH support staff = Leila Lawson (outreach & technical support)



MHWC Workplace Partner Certification & Mayor's Workplace Awards

2024 Partner Certification & Award Summary

2024 New or Recertified Partner Certifications			
Mayor's Healthiest Workplace Applicant/Organization Name	MHWC Partner Certification Level	Size	Total Number of Employees & Volunteers
American Heart Association	Gold	Small	14
Any Baby Can	Bronze	Small	153
Ascension Seton	Gold	XLarge	14,330
Austin Community College	Gold	XLarge	5,422
Austin ISD	Gold	XLarge	18,389
Austin Trauma Therapy Center	Gold	Small	11
Ballet Austin, Inc.	Gold	Small	270
Capital Metropolitan Transportation Authority	Gold	Large	2,400
City of Austin	Gold	XLarge	16,000
El Buen Samaritano	Silver	Small	40
Foundation Communities	Gold	Large	3,563
HealthCode	Silver	Small	4
Huston-Tillotson University	Silver	Small	196
Integral Care	Gold	Large	1,322
Marvell	Silver	XLarge	7,000
NI/Emerson	Gold	Large	2,300
People's Community Clinic	Gold	Medium	313
Pflugerville Independent School District	Gold	XLarge	25,300
Powell Law Group, LLP.	Gold	Small	21
Samsung Austin Semiconductor	Gold	Large	4,500



MHWC Workplace Partner Certification & Mayor's Workplace Awards

SHI	Gold	Medium	1,000
St. Edwards University	Silver	Medium	604
Texas Health & Human Services Commission	Gold	XLarge	32,504
Texas Medical Liability Trust	Silver	Small	180
Texas Mutual Insurance Company	Bronze	Large	1,030
Turner Construction	Gold	Medium	300
TXDOT	Silver	Large	2,500
University of Texas at Austin	Gold	XLarge	23,000
Whole Foods	Gold	Large	4,828
Worker's Assistance Program, Inc.	Silver	Small	30
YMCA	Silver	Large	1,880
Totals	Gold: 20 Silver: 9 Bronze: 2	Number of Employees Impacted	169,404



MHWC Workplace Partner Certification & Mayor's Workplace Awards

2024 Moving the Needle Award Winners		
Award Category	Workplace/Organization	Program Highlights
Tobacco-Free Living	Samsung Austin Semiconductor	<ul style="list-style-type: none"> • Samsung shows their dedication to instituting a tobacco-free workplace policy that supports employee and public health. Their tobacco-free campus initiative, combined with personalized and self-guided coaching through the Quit for Life Program, has led to 92% of employees successfully avoiding and quitting tobacco products, including vaping. • This highlights the effectiveness of their commitment to healthier lifestyles.
Physical Activity	Capital Metropolitan Transportation Authority	<ul style="list-style-type: none"> • Cap Metro demonstrates their dedication to physical activity through their wellness programming. Their wellness program offers 24/7 access to onsite fitness centers with certified trainers, discounted gym memberships, stretch breaks, and recreation activities like basketball and pickleball tournaments. • A key highlight is the 'Walk Across Texas' initiative, where teams from 12 transit agencies across Texas aimed to walk 800 miles in a month, promoting physical activity and teamwork.
Nutrition	Marvell	<ul style="list-style-type: none"> • Marvell's wellness program supports comprehensive nutrition through diverse resources. They provide Udemy courses on fitness, dieting, and cooking, along with personalized habit tracking and wellness articles. • A key highlight is the healthy meal discount program through Fond Perks, offering convenient home delivery of nutritious meals from HelloFresh and YesChef.



MHWC Workplace Partner Certification & Mayor's Workplace Awards

<p>Health Education/Preventive Services</p>	<p>University of Texas at Austin</p>	<ul style="list-style-type: none"> • UT Austin demonstrates a dedication to health and preventative services through their wellness time off program. The WTO Program offers up to eight hours of leave annually for wellness activities, including preventative care exams and well-being assessments. • They also have the Living Well platform that helps connect employees with zero-cost services while providing personalized advice based on individual health goals
<p>Emotional/Mental Health and Well-being</p>	<p>People's Community Clinic</p>	<ul style="list-style-type: none"> • People's community clinic demonstrates just how important mental and emotional health is through their newly revised mental health benefits. • Using data from their old EAP, they determined the only service utilized was the counseling benefit. Using that data, they now offer free unlimited virtual therapy visits for all employees, both full and part time, including eligible dependents. This new program has seen great success with an increase of over 500% in utilization.
<p>Innovations in Well-Being</p>	<p>Texas Department of Transportation</p>	<ul style="list-style-type: none"> • TxDOT's Wellness Program demonstrates a strong dedication to employee well-being by fostering interpersonal connections and enhancing productivity through events like Stassney Community Day. • With a focus on emotional, environmental, mental, physical, and social dimensions of well-being, the program provides resources and creates a positive health environment that supports employees' overall wellness.



MHWC Workplace Partner Certification & Mayor's Workplace Awards

2024 Healthiest Workplace Award Winners	
Award Level	Workplace/Organization
X-Large	City of Austin
Large	NI/Emerson
Medium	Turner Construction
Small	Ballet Austin

2024 Healthiest Workplace Award Winner Profiles & Highlights

Ballet Austin (Small category) – Tobacco-free campus, Standing desks, Flexible schedules, Family-friendly worksite policy including onsite designated room for childcare and nursing, Dedicated webpage for wellness, including Eat Well recipe page for employees to submit & swap healthy recipes, “Hi, How Are You” check-ins for emotional and mental health. Ballet Austin **developed a walking map of downtown Austin** for staff & visitors. This map shows **time, distance, and number of steps** to several favorite downtown Austin destinations!

Turner Construction (Medium category) – Turner Construction aims to provide employees with the resources and programming to help motivate them to make healthy life changes! Their comprehensive approach includes a Mental Wellbeing Program with onsite athletic trainers certified in mental health support, educational seminars, and access to an Employee Assistance Program, addressing stress, resilience, and substance abuse. Additionally, their Nutrition Wellness Program offers healthy snacks, hydration options, food preparation areas, and monthly initiatives like “Fruit Friday” and educational workshops, all aimed at supporting physical, mental, and nutritional health for improved overall well-being and productivity. Turner Construction also includes targeted educational events, bilingual resources, and wellness activities to support employees' physical, mental, and social well-being, ensuring a comprehensive approach to health and safety.

NI/Emerson (Large category) – NI’s wellness programming was designed to support key aspects of health. A tobacco-free worksite and comprehensive on-site care through the **NI Health Center supports employees in making positive and healthy change**. Including **preventative care, chronic disease management, and mental health support** is just some of the ways NI works toward their goal of helping employees. Additionally, NI promotes healthy living with **healthy vending options**, subsidized food, no-cost diet education, and a range of fitness activities, including **live group classes, one-on-one appointments, and virtual engagement through NI Thrive**.

City of Austin (XLarge category) – Tobacco-Free worksite, Texas Mother-Friendly Worksite, Physical Education Program, including free onsite group exercise classes or at local fitness studios, Healthy



MHWC Workplace Partner Certification & Mayor's Workplace Awards

Vending standards, PE Anytime Program to allow employees to participate on their own time, Diabetes Control Program, Employee incentives for completing wellness activities (annual exams, educational seminars, and wellness challenges). HealthyConnections supports a large employee population with its comprehensive wellness programs, including counseling and cessation support. Their newly implemented **tobacco-free worksite policy**, combined with **health-focused incentives for wellness activities**, reinforces their commitment to a healthier workforce.